

**RESOURCE SHEET**

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**Every year in the UK households are throwing away over 10 million tonnes of food and drink.**

Of course, some of it is peelings, cores and bones, but most of it is, or once was perfectly good food.

Wasted food has a big impact on climate change. Most of it ends up in landfill sites where it rots and releases methane a damaging greenhouse gas. The food we throw away is also a huge waste of the energy, water and packaging used in its production, transportation and storage.



**We have a problem!**

Can you help the Kelly family find out how much money they could save in a week, a month and a year using the Waste Food Diary they completed in Lesson 1?

How will you work out how much the family could save by using up their left-over bread? If you need some help look at the problem-solving strategies.

Does it matter which loaf of bread they bought?